



QUALITY-OF-LIFE IMPACT OF  
CARE, EDUCATION & TRAINING

# QOLIVET

## Enhancing the impact of Services on a Person's QoL

### Presentation to the EPR Project Development Working Group

31<sup>st</sup> May 2023

Valladolid



# Erasmus+



# QOLIVET Objectives

- **Aim:** To develop tools to support the use of QoL indicators to inform the continuous improvement of services
- **Focus:** The impact of programmes and delivery mechanisms in community care, and in vocational education and training (VET), on the Quality of Life (QoL) of participants
- **Target Audience:** any one working in, or participating in,
  - Community care, independent living and rehabilitation services
  - Pre-vocational, rehabilitative and specialised vocational training
  - Mainstream vocational training

## QOLIVET Outputs

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- Systematic search of relevant policies, research and assessment tools
- Synthesis Report
- Good Practice Guidelines
- Online Training Course
- A Resource Portal
- Online Assessment Tool

# QOLIVET Synthesis Report

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- Traces the evolution of the concept of QoL in the field of disability
- Overviews current policies and practices in the community care services and VET sectors
- Describes the design of inclusive learning environments
- Proposes QoL as a basis for interventions and supports
- Explores the potential use of QoL measures as outcome indicators
- Reviews 31 QoL Measurement Tools

# QOLIVET Good Practice Guidelines

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- Based on:
  - An analysis of current policy, research, and practice
  - Practitioner focus groups
  - Stakeholder consultations
  - Peer review
- 15 guidelines and 11 inclusive, person-centred strategies

# QOLIVET Good Practice Guidelines

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1. QoL is a fundamental impact of both community care and VET
2. QoL is multidimensional and influenced by personal and environmental factors
3. QoL has the same components for all people
4. QoL principles must underpin interventions and outcomes for persons with disabilities
5. QoL needs to be measured using both subjective and objective indicators
6. Enhanced QoL impact is an essential key performance indicator for services
7. Enhanced QoL implies respect, dignity, equality, inclusion, participation and rights
8. Staff need to be equipped with the competences that impact on the QoL of participants through mandatory training

# QOLIVET Good Practice Guidelines

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9. Meaningful participant involvement in service development leads to better QoL impact
10. Participants need to be actively involved in setting QoL goals and evaluating outcomes
11. Collaboration with communities and other agencies enhances QoL impact
12. Synergies between community care and VET are central to improving QoL impact
13. Community-wide awareness of QoL principles need to be promoted
14. QoL impact must be supported by system policies, processes and training
15. QoL outcomes can be enhanced through inclusive and person-centred strategies

## QOLIVET Inclusive, Person-Centred Strategies

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1. Person-centred delivery and organisational ethos
2. A holistic and biopsychosocial approach
3. Creating opportunities to develop self-determination and decision making
4. Fostering personal and interpersonal competences
5. Encouraging empathetic and positive communication
6. Building resilience in the face of challenges



## QOLIVET Inclusive, Person-Centred Strategies

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7. Inclusive strategies and settings
8. Universally designed environments and processes
9. Access to appropriate assistive technologies
10. Matching supports and interventions to identified needs
11. Healthy balance between QoL outcomes 'Important To' and 'Important For' the person

# QOLIVET Online Training Course

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- Based on a training needs analysis of selected staff in the partner organisations and a review of good practice in the field
- Aims to equip frontline staff to contribute to enhanced QoL outcomes for the participants that they serve
- 4 Modules:
  - Module 1: Introduction to Quality of Life
  - Module 2: Professional Attitudes & Skills
  - Module 3: Creating Inclusive Environments
  - Module 4: Responding to atypical learners and complex needs

# QOLIVET QoL Impact Assessment Tool (QIAT)



# QOLIVET QoL Impact Assessment Tool (QIAT)

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- Online administration
- 4 Modes of Administration
  - Individual
    - Independent
    - Mentored
    - Proxy
    - Group
- 3 Sectors
  - Community Care
  - Specialised VET
  - Mainstream VET

# QOLIVET QoL Impact Assessment Tool (QIAT)

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- 3 Versions
  - Staff
  - Full Participant
  - Screening Short Form
- 5 Universal Design Options
  - None
  - Examples
  - Simplified Language
  - Simplified Scale
  - 3 Stage Assisted Rating Process

# QOLIVET QoL Impact Assessment Tool (QIAT)

## Self-Determination

Self-Determination is an important part of being empowered. It involves setting goals and striving to achieve them, making choices and being able to act on them, having the confidence to defend beliefs and actions and being able to get assistance and advice when needed.

It is important to keep in mind that some of the statements below may not be relevant to you and the service you received, or you may not be sure about some of them. If this is the case, make sure to indicate that by selecting the appropriate option.

My participation in the activities performed in the service enabled me to :

**Q1.6 : Define my personal objectives more clearly.**

Totally Disagree	Disagree	Agree	Totally Agree	Do Not Know	Not Relevant
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**Q1.7 : Feel more capable of taking decisions for myself.**

Totally Disagree	Disagree	Agree	Totally Agree	Do Not Know	Not Relevant
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**Q1.8 : Stand up for myself and my opinions.**

Not Relevant	Do Not Know	Totally Agree	Agree	Disagree	Totally Disagree
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**Q1.9 : Identify the support and services I need to achieve my life goals.**

Not Relevant	Do Not Know	Totally Agree	Agree	Disagree	Totally Disagree
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## Interpersonal Relationships

Quality of life can be impacted by interactions with other people, including family and friends, strangers, people in authority, and those who are providing services. Being better able to manage relationships and making your needs clear are important aspects of positive relationships.

It is important to keep in mind that some of the statements below may not be relevant to you and the service you received or you may not be sure about some of them. If this is the case, make sure to indicate that by selecting the appropriate option.

My participation in the activities performed in the service enabled me to :

**Q1.10 : Increase the number of people with whom I have regular contact.**

Totally Disagree	Disagree	Agree	Totally Agree	Do Not Know	Not Relevant
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**Q1.11 : Improve my relationships with people, close to me, including family and friends.**

Totally Disagree	Disagree	Agree	Totally Agree	Do Not Know	Not Relevant
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**Q1.12 : Communicate better with other people.**

Totally Disagree	Disagree	Agree	Totally Agree	Do Not Know	Not Relevant
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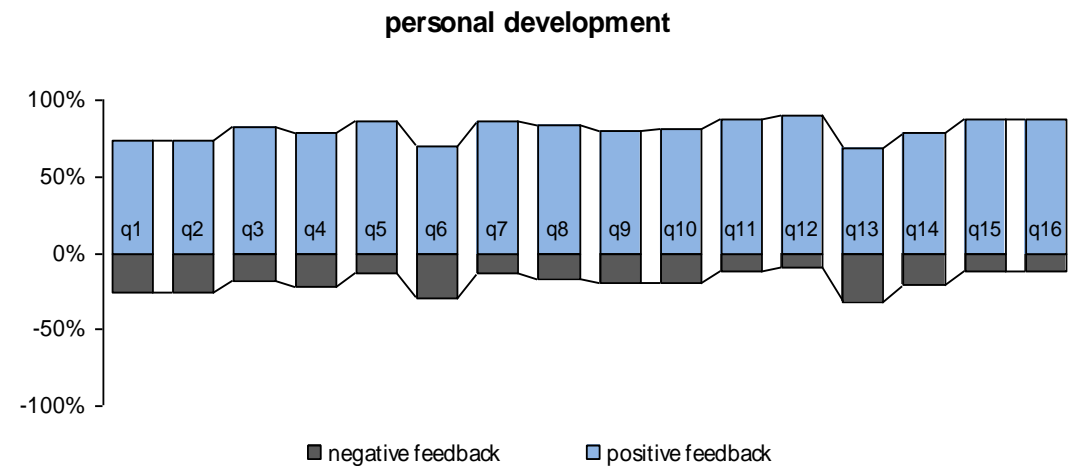
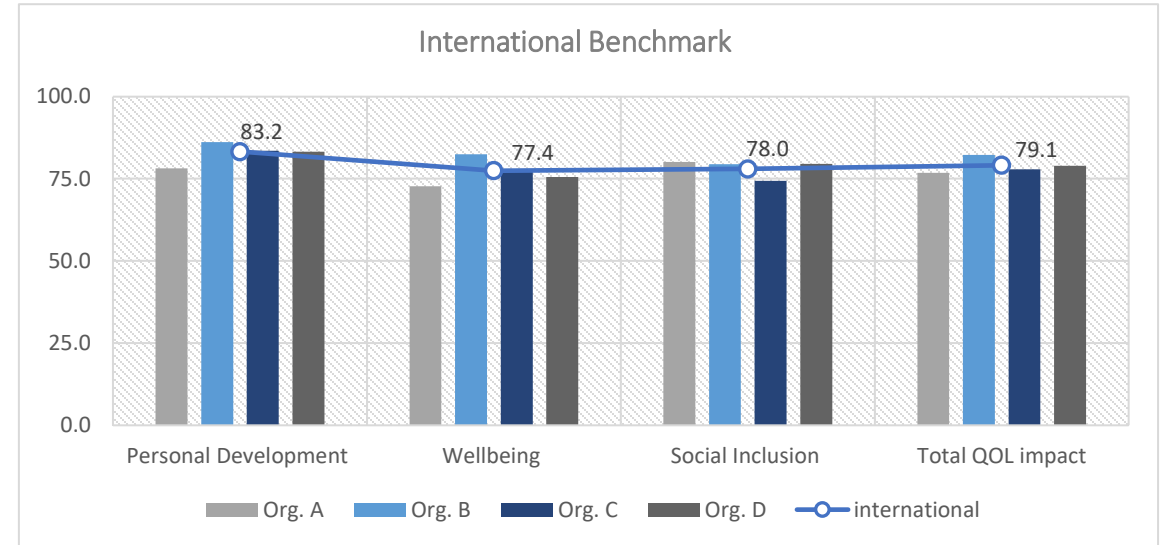
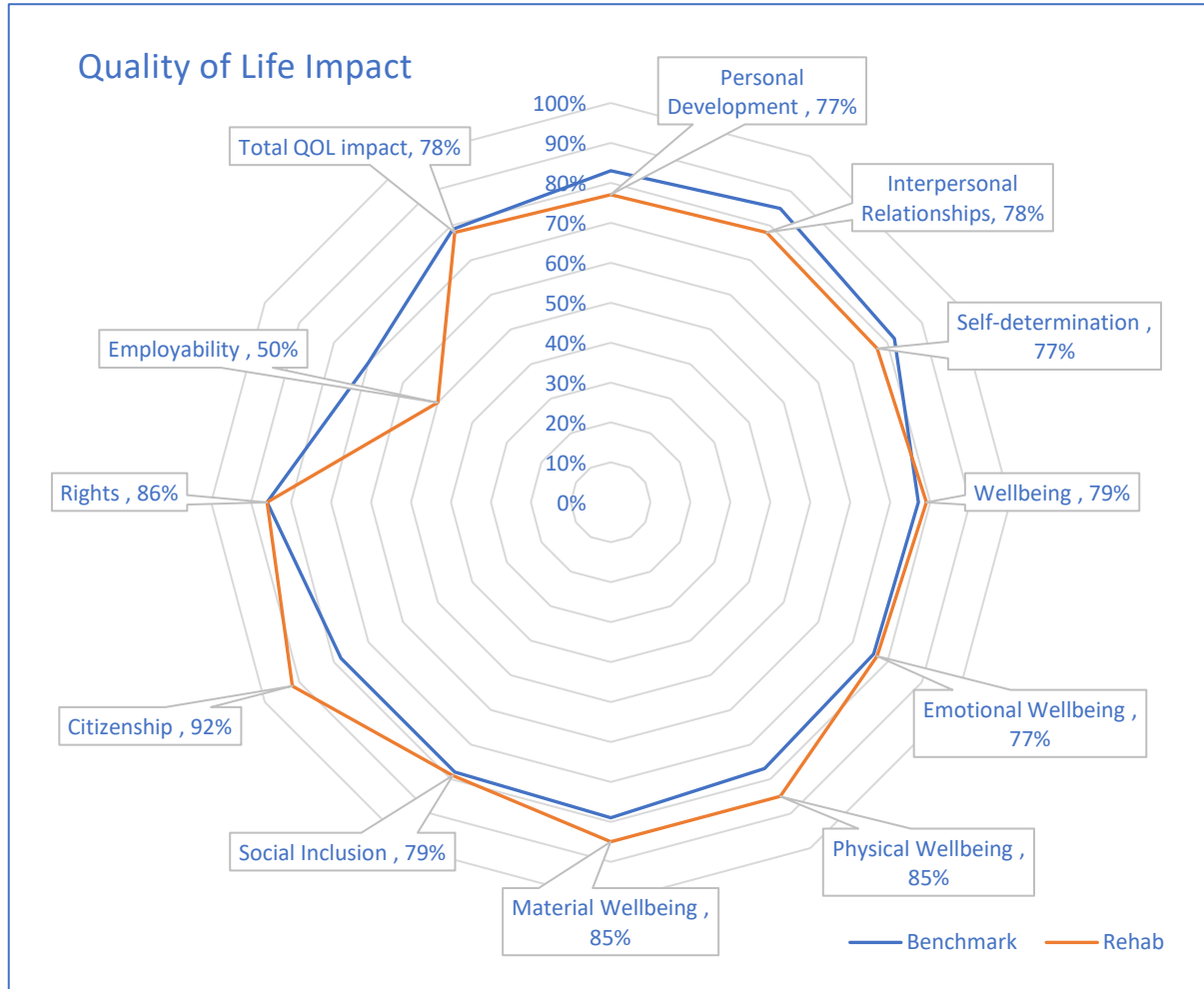
**Q1.13 : Be better able to solve conflicts with other people.**

Not Relevant	Do Not Know	Totally Agree	Agree	Disagree	Totally Disagree
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**Q1.14 : Know how to work as part of a team.**

Not Relevant	Do Not Know	Totally Agree	Agree	Disagree	Totally Disagree
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# QOLIVET QoL Impact Assessment Tool (QIAT)



# QOLIVET Resource Portal

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