*Indicates required field

Introduction

Quality of Life is about your position in life, within your own community and in terms of your personal beliefs, dreams and values. The quality of your life is the result of the inter expectations and the experiences you have when you interact every day with the people, places, things, and services that you encounter.

This questionnaire is called the Quality-of-Life Impact Assessment Tool - the QIAT. It is designed to allow a person who is receiving a service which is intended to enhance thei extent to which the service has succeeded in this.

The figure below provides you with an overview of the areas of quality of life that the QIAT asks you to consider, which includes:

- Individual Empowerment (Personal Development and Self-Determination).
- Social Participation & Active Inclusion (Interpersonal Relationships, Rights & Citizenship, Employability and Community Participation).
- Wellbeing (Emotional, Physical and Material).



As you work through the QIAT, you will be asked to think about whether the service, which you have been receiving, has made any difference to you in each of the areas listed

The QIAT presents you with a short description of each area so that you are clear about what it covers and asks you whether you agree or disagree with a set of statements ab

On the next page, you will find more detailed directions for how to complete the questionnaire.

Directions

One important aim of the service in which you participated is to improve the quality of your life. This questionnaire, Quality Impact Assessment Tool (QIAT), is intended to provi feedback to the service about your experiences as a participant and the difference it made to you in terms of your personal development, your participation in society and yo

It is important for you to know that while you will be able to see a summary of your responses, the answers you give will be combined with the responses of other participants any member of staff of the service.

Please read the instructions below carefully.

Then complete the examples on the next page to make sure that you understand how to respond.

If you are unsure about anything, you can ask for an explanation, or if you prefer, you can request that someone stays with you to help you to complete the questions.

Once you are confident that you understand how the QIAT works, you can complete the rest of the questions.

Directions for completing the Quality-of-Life Impact Tool (QIAT)

The QIAT presents you with a set of statements about the impact that a service can have on a person's quality of life. Each statement describes a possible result of participati

Read each statement and think about whether your participation in the service impacted in the way that the statement describes.

You are provided with four options.

1. Totally Disagree
2. Disagree
3. Agree
4. Totally Agree

Take care when choosing an option because the numbers are sometimes presented in a different order.

There are also options to allow you to indicate that:

5. You do not know or are unsure whether the statement reflects your experience of being a participant in the service, or,
6. The statement describes something that you did not expect or require. In other words, the statement is not relevant to you.

It is important for you to distinguish between 'Totally Disagree'/'Disagree' and 'Not Sure/Don't Know' or 'Not Relevant'.

- If you think that you needed help with what is described in the statement, but the service did not provide it, then you should select 'Disagree' or 'Totally Disagree'
- If you are unsure whether the service had the impact described in the statement for you, then you should select 'Not Sure/Don't Know'
- If you did not need help or if you believe that the service was not intended to address the impact described in the statement, then you should select 'Not Relevant'. For ex competent in an area and did not need any assistance.

The next page presents you with some examples of how to complete the questions.

Examples

Have a look at the examples below. Examples Ex1 and Ex2 have been filled in for you.

The first thing you need to notice is that the numbers for rating the options sometimes read from left to right and sometimes from right to left. This means you need to be care one for you.

Ex1 states that the service helped a person to fly to the moon. This is clearly highly unlikely, and so the answer needs to be 'This is not relevant'. The correct option to make this right, and so '6' is on the right-hand side, furthest from the statement.

Ex 2 is highly likely to be relevant to a service, and so the ratings for this will be between 1=Totally Disagree and 4=Totally Agree. The numbers for this statement run from right t right. The person in this example agreed with the statement, and so they ticked option '3'.

Now complete Ex3 and Ex4 to make sure you are confident in how to respond before moving on to the main statements.

1. Totally Disagree
2. Disagree
3. Agree
4. Totally Agree
5. Not Sure/Don't Know
6. Not Relevant

My participation in the activities performed in the service enabled me to:

example

Ex1 : Travel to the moon

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 5= Not Sure/Don't Know **6= Not Relevant**

Ex2 : Learn

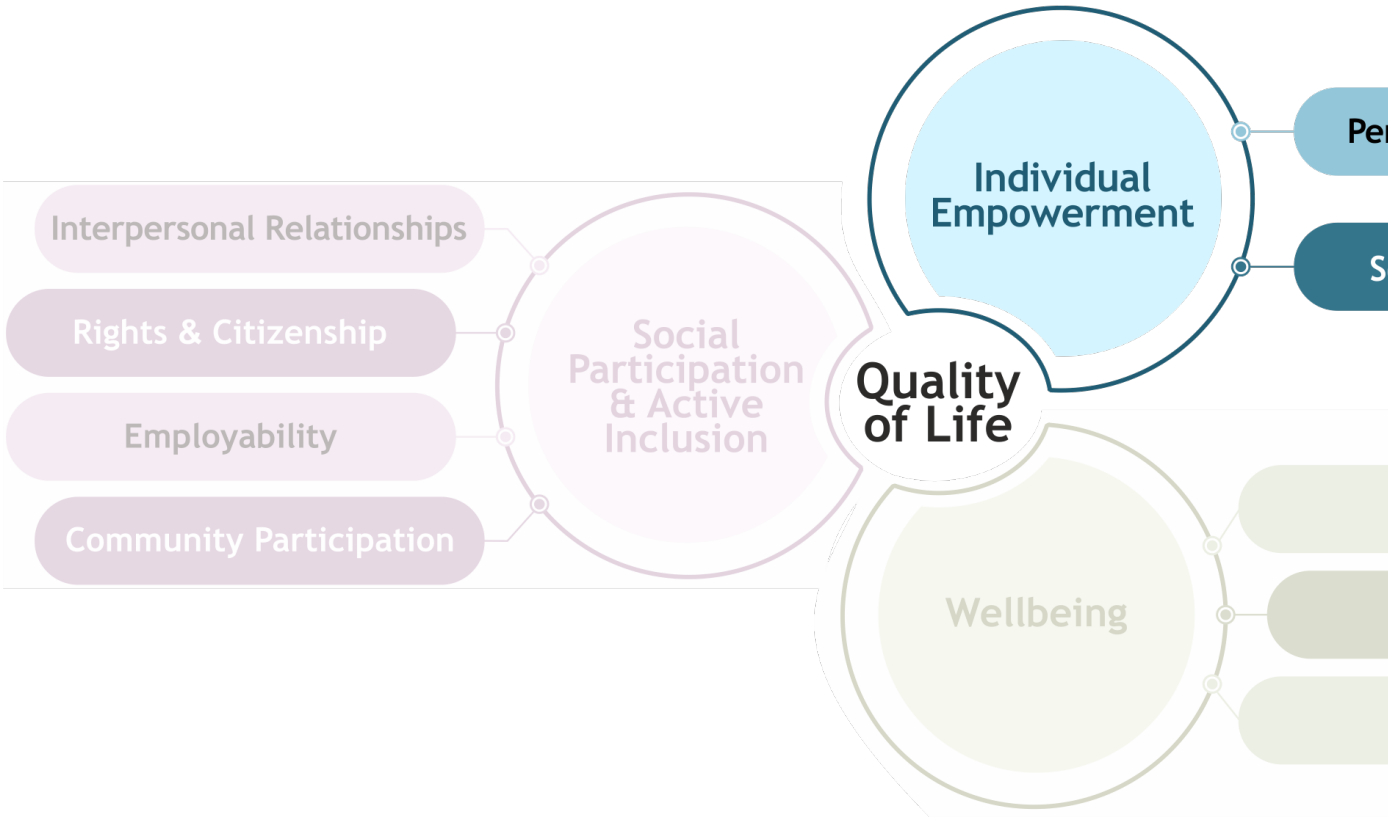
6= Not Relevant 5= Not Sure/Don't Know 4= Totally Agree **3= Agree** 2= Disagree 1= Tota

If you are confident that you understand how to complete the questions, you can move on to the next page and begin the questionnaire.

If you feel you need additional assistance or someone to stay with you while you complete the question, please contact the person who provided you with the code to access

Individual Empowerment

A person who is individually empowered can make choices and decisions and act on them. They set goals and engage in activities to develop their capacities. They are able t environment and can deal with any challenges that stand in their way.



There are two dimensions in the domain of Individual Empowerment: Personal Development and Self-Determination.

Review the statements on the next page and consider whether you agree or disagree with them in relation to the impact of the service you received.

Personal Development

▸ **Help text**

It is important to keep in mind that some of the statements below may not be relevant to you and the service you received, or you may not be sure about some of them. If this selecting the 'Not Relevant' option.

My participation in the activities performed in the service enabled me to:

ScQI.1 : Pursue my interests.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 5= Not Sure/Don't Know 6= Not Relevant

---

ScQI.2 : Engage in new activities.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 5= Not Sure/Don't Know 6= Not Relevant

---

ScQI.3 : Actively engage in learning new things.

6= Not Relevant 5= Not Sure/Don't Know 4= Totally Agree 3= Agree 2= Disagree 1= Totally Disagree

---

ScQI.4 : Feel more capable of overcoming obstacles and challenges.

6= Not Relevant 5= Not Sure/Don't Know 4= Totally Agree 3= Agree 2= Disagree 1= Totally Disagree

Self-Determination

▸ **Help text**

My participation in the activities performed in the service enabled me to:

ScQI.5 : Define my personal objectives more clearly.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 5= Not Sure/Don't Know 6= Not Relevant

ScQI.6 : Feel more capable of taking decisions for myself.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 5= Not Sure/Don't Know 6= Not Relevant

ScQI.7 : Identify the support and services I need to achieve my life goals.

6= Not Relevant 5= Not Sure/Don't Know 4= Totally Agree 3= Agree 2= Disagree 1= Totally Disagree

Social Participation & Active Inclusion

Full participation and inclusion in the community and society are important aspects of quality-of-life. Social participation includes being able to interreact successfully with fa level and to engage in social, cultural and political activities in the local community. Engaging in society as a citizen on an equal basis with others and respect for rights and e participation and inclusion. Participating in work is a particularly important example of inclusion.



There are four dimensions in the domain of Social Participation and Active Inclusion: Interpersonal Relationships, Rights & Citizenship, Employability, and Community Participat

Review the statements on the next page and consider whether you agree or disagree with them in relation to the impact of the service you received.

Interpersonal Relationships

▸ **Help text**

It is important to keep in mind that some of the statements below may not be relevant to you and the service you received, or you may not be sure about some of them. If this selecting the 'Not Relevant' option.

My participation in the activities performed in the service enabled me to:

ScQI.8 : Increase the number of people with whom I have regular contact.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 6= Not Relevant 5= Not Sure/Don't Know

ScQI.9 : Improve my relationships with people close to me, including family and friends.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 6= Not Relevant 5= Not Sure/Don't Know

ScQI.10 : Communicate better with other people.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 6= Not Relevant 5= Not Sure/Don't Know

Rights & Citizenship

▸ **Help text**

My participation in the activities performed in the service enabled me to:

ScQI.11 : Be informed on current matters.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 6= Not Relevant 5= Not Sure/Don't Know

ScQI.12 : Have the same opportunities as other people have to participate as a citizen in society.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 6= Not Relevant 5= Not Sure/Don't Know

ScQI.13 : Be aware of my rights in society.

6= Not Relevant 5= Not Sure/Don't Know 4= Totally Agree 3= Agree 1= Totally Disagree 2= Disagree

ScQI.14 : Be better able to exercise my rights and where I can get help with this.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 6= Not Relevant 5= Not Sure/Don't Know

ScQI.15 : Know when my rights are not being respected.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 6= Not Relevant 5= Not Sure/Don't Know

---

Employability

▸ Help text

My participation in the activities performed in the service enabled me to:

ScQI.16 : Improve my chances of getting a job.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 6= Not Relevant 5= Not Sure/Don't Know

---

ScQI.17 : Be more able to look for a job.

6= Not Relevant 5= Not Sure/Don't Know 4= Totally Agree 3= Agree 1= Totally Disagree 2= Disagree

---

ScQI.18 : Feel more confident about keeping a job once I get it.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 6= Not Relevant 5= Not Sure/Don't Know

---

Community Participation

▸ Help text

My participation in the activities performed in the service enabled me to:

ScQI.19 : Be more involved in community and voluntary activities.

6= Not Relevant 5= Not Sure/Don't Know 4= Totally Agree 3= Agree 1= Totally Disagree 2= Disagree

---

ScQI.20 : Find new opportunities for participation in my life.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 6= Not Relevant 5= Not Sure/Don't Know

---

ScQI.21 : Become more mobile within my environment.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 6= Not Relevant 5= Not Sure/Don't Know

---

ScQI.22 : Be more motivated to participate in local community groups and activities.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 6= Not Relevant 5= Not Sure/Don't Know

---

Wellbeing

Wellbeing is about being satisfied with your life. Generally, it refers to health, happiness, and prosperity. Experiencing good mental and physical health, being able to manage needed for a decent life are all factors that can enhance quality-of-life.



There are three dimensions in the domain of Wellbeing: Emotional Wellbeing, Physical Wellbeing, and Material Wellbeing.

Review the statements on the next page and consider whether you agree or disagree with them in relation to the impact of the service you received.

Emotional Wellbeing

▸ **Help text**

It is important to keep in mind that some of the statements below may not be relevant to you and the service you received, or you may not be sure about some of them. If this selecting the 'Not Relevant' option.

My participation in the activities performed in the service enabled me to:

ScQI.23 : Feel more secure about myself.

6= Not Relevant 5= Not Sure/Don't Know 4= Totally Agree 3= Agree 2= Disagree 1= Totally Disagree

ScQI.24 : Be more stable emotionally.

6= Not Relevant 5= Not Sure/Don't Know 4= Totally Agree 3= Agree 2= Disagree 1= Totally Disagree

ScQI.25 : Deal more successfully with situations of stress.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 5= Not Sure/Don't Know 6= Not Relevant

Physical Wellbeing

▸ Help text

My participation in the activities performed in the service enabled me to:

ScQI.26 : Develop a healthier lifestyle.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 5= Not Sure/Don't Know 6= Not Relevant

ScQI.27 : Be more capable of taking care of myself.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 5= Not Sure/Don't Know 6= Not Relevant

ScQI.28 : Feel more able to do physical activities.

6= Not Relevant 5= Not Sure/Don't Know 4= Totally Agree 3= Agree 2= Disagree 1= Totally Disagree

Material Wellbeing

▸ Help text

My participation in the activities performed in the service enabled me to:

ScQI.29 : Manage my financial situation more easily.

6= Not Relevant 5= Not Sure/Don't Know 4= Totally Agree 3= Agree 2= Disagree 1= Totally Disagree

ScQI.30 : Be more capable of earning a living in the future.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 5= Not Sure/Don't Know 6= Not Relevant

ScQI.31 : Understand how to enjoy my leisure time better.

1= Totally Disagree 2= Disagree 3= Agree 4= Totally Agree 5= Not Sure/Don't Know 6= Not Relevant

Personal Details

Additional Tracking Code (Optional):

Note: In order to keep track of the results of this questionnaire, an additional reference code can be inserted here. This will allow you to filter the data set to identify responses can be used to track the responses of participants who are involved in innovative projects or to gather together responses which share similar characteristics.

Demographics:

In order for your responses to be most useful in helping to improve services, it is important for you to provide some information about yourself. As has been explained previous one will be able to know how you have responded.

If you do not wish to answer any of the questions below, feel free to leave the question blank. However, the more information you give, the more useful your responses will be.

Age in years:

Gender:

Other

Gender: Enter other...

Have you ever been employed?

Yes **No**

Highest study level:

Status immediately prior to attending the service:

You live:

Dependent persons:

What type of service do you attend?

Do you attend the service on a full time or part time basis?

Please indicate by selecting below any areas in which you have experienced barriers:

Physical activities
(For example: getting around inside or outside buildings, handling things; moving heavy things from one place to another)

Seeing
(Even with the use of corrective lenses)

Hearing
(Without a hearing aid)

Speaking
(So that people can understand you)

Mental wellbeing
(Feeling ok about yourself)

Remembering
(Recalling things that happened recently)

Learning or problem solving
(Dealing with new information or things you are unfamiliar with)

Relationships
(Getting on with other people)

Chronic Ill-health
(For example, heart or breathing problems)

Pain
(That interferes with your life on a daily basis)